

## **Nirmala Institute of Education: Fostering Educational Excellence and Distinctiveness**

### **1. Time-Honoured Legacy of Trust:**

Nirmala Institute of Education, founded in 1963, stands as an enduring symbol of trust and excellence in teacher training in Goa. As the oldest and most respected institution of its kind, its legacy serves as a beacon of unwavering credibility among students, alumni, and the broader community. This legacy bears witness to our continued commitment to educational excellence, providing a foundation built on trust that has withstood the test of time.



### **2. Lush and Inclusive Campus:**

Our 5.39-acre campus provides a serene and nurturing environment for learning. Beyond its natural beauty, the campus upholds high safety standards, instils discipline, and offers inclusive hostel facilities, ensuring that students have the resources and support they need to excel academically while adhering to our institutional values. Our campus is a haven for holistic growth and development.



### 3. 'Abolianchem Fest': A Cultural Revival:

The 'Abolianchem Fest,' formerly known as 'Goa Day,' stands as an institutional best practice. This unique project aims to revive Goan socio-cultural heritage by celebrating music, dance, food, sports, arts, crafts, and theatre. It is an embodiment of our dedication to preserving our rich cultural heritage and multi-faceted legacy. The objective of the festival is to document, generate knowledge sharing for a sustainable living of the present and future generations. Every year, the theme for the fest differs highlighting the different facets of Goa. In 2018, the emphasis of the fest was on the significance of the Abolim flower, whereas in 2019, the focus was on the coconut tree- its socio-cultural and economic significance. The theme in 2020 was on Soil. The theme the year 2023 focused on, Water-the elixir of life.



Students of Nirmala Institute of Education perform a Goan traditional dance during the Abolianchem Fest at the college premise on Saturday.



# Celebrating Goan soil at Abolianchem Fest

## ITGLIFE

Step in the colourful campus of Nirmala Institute of Education at Altinho to experience the feel of Goa – as the smell of the Goan food enters the nostrils and the beats of the state musical instrument ghumat make you tap your foot. Witnessing little less than 1000 footfalls of students, parents, faculty and even neighbours, all of who are engaged in some or the other task, the decorated campus offers a red-carpet welcome to visitors and onlookers, serving hot meals free. Girls neatly draped in local Kumbi weave saris, wearing Abolianchem faati, 95 per

cent of them playing ghumat and singing songs in Konkani – all merit attention amidst a host of other programmes such as plays, performances, exhibitions, posters, project displays and plant saplings.

"We are celebrating Goa Day, our annual get-together, naming it Abolianchem fest and this year's theme is 'Goinchi Maati' (The soil of Goa)," informs the officiating principal, Nirmala Institute of Education, Sister Deila Antao, who has been witnessing the festival since 2005. Abolianchem fest was started 19 years ago as Goa Day, in 2000 by an enthusiastic



English Methodology teacher Sharmila Velhago. Antao adds, "Sharmila wanted to introduce the culture and ethos of Goa to her students in the English department and hence asked them to work on a project on everything about Goa. The concept won so much appreciation that from the following year, it did not remain restricted to English department and the entire college and faculty were incorporated in the celebration. We now celebrate this day with different themes each year. Last year it was the coconut tree, and this year it's the soil."

The students begin to work around



the theme from June onwards and make arrangements for their projects. 'Goinchim Maati' being an interesting theme they wrote scripts, songs, poems and plays around it. Some documented the soil from different places and put it in gift bottles for people to carry with them while leaving Goa. "This is no longer a cultural programme, but is an educational and academic exercise too, that brings even the families of the students to the campus. There's no entry fee and all are welcome to come and watch this celebration of music, dance, food, culture, language and soil of the land," invites Sister Antao.



## Abolianchem Fest

Team Cafe: [cafe@nir-mala-goa.com](mailto:cafe@nir-mala-goa.com)

Abolianchem Fest, organised by Nirmala Institute of Education, Altinho, Panjim, was an event marked by Goan tradition and culture, put together by the trainee teachers and staff of the institute. The colourful festival highlighted the culture, dance, music and food of Goa, as is the case with every festival supported by cultural activist Martus Fernandes.





# Abolianchem Fest – A cultural fiesta



Team Café @herold-goia.com

In collaboration with the Department of Art and Culture, Government of Goa, Nirmala Institute of Education, Alibonim-Parim organized 'Abolianchem Fest' at the institute's premises. The programme included traditional folk, songs, traditional games, folk dances, art and craft. Medicinal plants were on display at the venue, besides music and food available at different stalls put up by the students.



PKS PIO ESTEVES



# Abolianchem Fest celebrated at Nirmala Institute of Education



Dance performance by students



Carlos Consalves and the music group entertaining the audience with a ghumat performance

**HT BUZZ**

The Nirmala Institute of Education, Alibonim celebrated Abolianchem Fest. The celebrations began with a short skit on the fest.  
Director of Nirmala Institute of Education, Rita Paes and officiating principal of Nirmala Institute of Education, Oeka Anas planted a coconut sapling and declared the Abolianchem Fest 2019 open. A parade accompanied by the traditional brass band created a festive ambience to celebrate Goa's unique culture.

The objective of the festival is to document knowledge generated about the Goan environment and socio-cultural resources and traditions, and share them with the public. This year the focus was on the coconut and its socio-cultural and economic significance.  
Speaking on the occasion, Anitao thanked the brass band and the Directorate of Art and Culture for their constant support. She also thanked Festival Man of Goa 'Marcelo Fernandes' for his support as well as the teacher trainees, their families and friends.

Paes appealed to the public to protect the land of Goa and to take a stand on the various issues affecting Goa in order to preserve its beauty and character.  
The set-up was skillfully designed with the 'maand' at the centre surrounded by stalls with art and décor, games, medicinal plants, food, pottery, eco-friendly products and a stall depicting the socio-cultural and economic significance of the coconut tree. The art of making 'molliam' and weaving abolin for the hair were demonstrated.

A fancy-dress presentation titled 'Niz Coenkar' was organized for primary school students to celebrate and preserve the various traditional occupations of Goa. The music group captivated the audience with their performance that reverberated with the delightful beats of the ghumat under the guidance of percussionist, Carlos Consalves.  
The teacher trainees also performed various Goan traditional dances such as catti, fagdi, ghat, kumbi, goff and dekra. The Cantaram group entertained music lovers with popular old Goan songs as well as a 'mando'.  
The items were interspersed with recitations composed by teacher trainees on the different features of the coconut tree and its importance to mankind. Age-old traditional games such as logorio (seven tiles), komblaze and breaking the coconut (Inlani) were demonstrated.

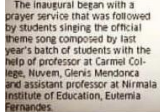
The importance of medicinal plants like alo vera and tulsi were also shared with the audience.  
One act plays 'Asa Harvi Toyar' and 'Alchem Oskital Anchem Diaz' was performed by students with the message of preserving the Goan culture, traditions and language.  
Architect and adjunct professor at the Goa College of Architecture, Talluha D'Silva highlighted the profound value of traditional methods of construction in the past in Goa. Raibenera Kierkar spoke on the importance and the role played by the biodiversity in the Western Ghats regions in protecting Goa.  
Uzvaod's group from Mapusa performed a street play named 'Goenchem Diaz Rakumal'.  
The Fest was also graced by the presence of personalities like Minguel Braganca, Pralaj Sakardande, Carlos Consalves, Borromeo Pereira, Saish Deshpande, Elvis Goes and O'Luv.



Fancy dress presentation on 'Niz Coenkar' by students



A traditional Goan game - Tablam being played



Stalls with art, games, plants and more

Tribute performance to the original Inhabitants of Goa - Nunnis

Products made from coconut on display

Making garlands with abolin flowers



#### 4. Innovative Courses:

**M.A. Wellness Counselling** is a unique course designed by the late Padmashri Dr (Fr.) Romauldo D'Souza with Trimester System, comprising of 30 innovative Subjects

### **MA Wellness Counselling programme at Nirmala Institute gaining popularity**

PANAJI: Founded by Late Fr Romualdo D'Souza a recipient of the Padmashree award, MA Wellness Counselling (Psychology), a post-graduate course, offers students with a professional and practical outlook to the field of psychology. The programme is gaining popularity, especially because of its carefully designed structure which includes subjects that go beyond the theory and can be incorporated within the therapeutic process. This programme is based on the assumption that a subject like Psychology cannot be learnt from books alone but requires updated knowledge from the latest research articles and constant exchange of insights from peers as well as supervisors.

Several students who have completed this course, are now working in diverse fields like psycho-oncology, deaddiction, school counselling, and teaching among many others. They swear by the unique approach that this course takes to learning as a whole. They maintain that the critical approach and the individual growth that this programme attempts to inculcate are the most valuable assets they have gained.

Nestled on the serene hill of Altinho, this master's programme is ready to mould professionals that are ethical, knowledgeable and most importantly empathetic in their interactions with clients.

The admissions to this course are currently on-going. Interested students from any stream of graduation can contact the office on 0832-2225633 or 0832-2225631 or find them on Facebook <[www.facebook.com/MAWellness](http://www.facebook.com/MAWellness)> or Instagram <<http://Instagram.com/wellnesscounselling>> or mail them at [mawellness-counselling@gmail.com](mailto:mawellness-counselling@gmail.com).



**Nirmala Institute of Education,  
Altinho - Panaji**



**Contact Us**



mawellnesscounselling@gmail.com



98209 00390 / 99224 42545

**BECOME A PROFESSIONAL COUNSELLOR**

**Admissions Open**

**The MA Wellness Counselling**

program uses a strength-based approach integrated with concepts of Positive Psychology.

**Open to all streams**

APPLY NOW!

Prospectus is available at the Institute.



**Post-Graduate Diploma in Guidance and Counselling (PGDGC)** which has a practical component which makes it unique and different programme in comparison to those offered by other institutes. These fields require pedagogical approaches that not only serve as conduits for knowledge but also as catalysts for critical thinking, creativity, and profound comprehension of intricate subjects. In this comprehensive analysis, we explore the multifaceted strategies employed in these programmes, highlighting strengths and innovative approaches.

Nirmala Institute of Education



Admissions are open  
for the following  
**COURSES**

which will be commencing from  
1st/2nd week of July 2022.

### Courses

- Part-time Pre-School Teacher training course (Qualifications Std XII with 45%)
- Part-time Post Graduate Diploma in Guidance and Counselling (PGDGC) B.A. preferably Psychology with 45%. (Applicants of other streams may apply too)
- Two-year Full time Programme M.A in Wellness Counselling for graduates in streams namely, Science, Arts or Commerce with min. 50% marks



<http://www.nirmalainstitute.org>

Interested candidates please contact on 2225633 / 2225631 during office hrs.

(9.00 a.m to 1.00 p.m and 2.00 p.m to 4.30 p.m Monday to Friday)





**5. Diversified Add-On Courses for Skill Enhancement:** These courses, including STEAM







## **NIRMALA INSTITUTE OF EDUCATION, PANAJI - GOA**

in association with **IQAC** and **STUDENTS' COUNCIL**  
is organising a **National Webinar**

on

### **"INFODEMIC AND NEED FOR MEDIA LITERACY IN EDUCATION"**

#### **SPEAKER:**

**Ms. BHAVANA PATHAK**

HOD - B.A. Journalism and Mass Communication,  
Prestige Institute of Management and Research, Indore.



**Date: 18<sup>th</sup> August 2021**

**Time: 3:00pm – 4:30pm**

*"Vaccination for 'Infodemic' is Media Literacy."*

As part of the curriculum, this session is especially designed for teachers, teacher trainees and the digital citizens of global village, to make them media literate and guide the new age learners to decipher the quantum of media impacting them.

**Coordinator**

**Mrs. Anagha Deshpande**

Asst. prof. NIE-Goa.

**Co-coordinator & Incharge  
of Students' Council**

**Mr. Subodh Haldankar**

Asst. Prof. NIE-Goa.

**Coordinator of IQAC**

**Mrs. Suvarna Gauns**

Assoc. Prof. NIE-Goa.

**Guidance**

**Dr. Della Antao**

Offg. Principal, NIE-Goa.

**E-certificates will be awarded**



Cookery/Bakery and Confectionery











## Counseling



Is organizing a certificate course  
**THE THRIVING TEACHER'S TOOLKIT**

### Highlights

 30 HRS

-  EFFECTIVE COMMUNICATION
-  EMOTIONAL INTELLIGENCE
-  STRENGTH BUILDING
-  NURTURANCE OF THE SELF
-  BASIC COUNSELLING SKILLS
-  MOTIVATION



**6. Pioneering Inclusive Education Through Collaboration:** In collaboration with the Centre for Disability Management, Inclusion, and Empowerment (ADIRA), we champion inclusivity, aligning with the vision set forth in the National Education Policy 2020.

Workshop Series on Assessment of Special Needs

'Supposing  
is good but  
finding out  
is better'

Contact us at

contact@adira.org.in  
nieadira21@gmail.com  
nie@gmail.com

+919821030533  
+919011545383  
+919820486455



Adira  
CENTER FOR DISABILITY MANAGEMENT,  
INCLUSION AND EMPOWERMENT

Nirmala Institute of  
Education, (Goa)



Adira: Center for  
Disability  
Management, Inclusion  
& Empowerment,  
(Mumbai)

Announces

The Workshop  
Series  
On  
Assessment of  
Special Needs



## ABOUT US

**NIE-** was established in 1963 soon after the liberation of Goa. It played a pioneering role in Teacher Education. The Institute was the first to start the B.Ed Special Course, M.A in Wellness Counselling besides Postgraduate Diploma in Guidance and Counselling and a Pre-primary Teacher Training course in Goa. The institute is a leader in research and innovation, as well as offers a comprehensive teaching pedagogy and a variety of extension and training programmes. The institute has many national and international collaborations.

**ADIRA** - is a highly qualified and experienced talent pool of experts offering a variety of services in the area of Special & Inclusive Education. They offer services in early intervention, assessment, intervention, inclusive pedagogy and provide training for teachers and parents. They also organise and lead specialised workshops on a variety of themes, which are open to individuals on a personal basis or as a participant sponsored by organisations/institutions. They provide services all around the country, both online and offline.

**MODE: ONLINE**

**THREE WEEKS**

**THURSDAY- SATURDAY**

**4 PM TO 7 PM**

## DATES

**22nd SEPTEMBER - 7th  
OCTOBER, 2022**

## FEES:

**Rs 4000-** University/  
College Faculty

**\*Rs 2000** - Ph.D Scholars

**\*Rs 1000** - P G Students

**Rs 2000**-Others

**\*On production of bonafide student  
letter/ID Card from the Institute  
Last Date for Registration 5th Sept '22**

## WHO CAN PARTICIPATE

- College/University faculty
- Ph.D Scholars
- Post Graduate students
- Anyone interested in Research

**CLICK TO  
REGISTER**

Research Writing Workshop

"THE SECRET OF  
GETTING AHEAD IS  
GETTING  
STARTED."

- MARK TWAIN

Increase your  
academic  
performance score  
(API) by publishing  
right



## CONTACT US

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[+919011545383](tel:+919011545383)



Nirmala Institute of Education (Goa)  
&  
Adira: Center for Disability Management,  
Inclusion & Empowerment (Mumbai)

ANNOUNCES

# Research Writing Workshop

Short-Term Professional Development Course in Inclusive Education, and Professional Development Course in Learning Disability



**CONTACT US**

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+919011545383  
+919820486455

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preeti@adira.org.in  
niegoa@gmail.com

*Who can apply*

Special Educators  
Teachers  
ECCE teachers  
Psychologists  
Counsellors  
Parents  
Anyone interested



**NIRMALA INSTITUTE OF  
EDUCATION,  
(GOA)**

**&**

**ADIRA: CENTER FOR DISABILITY  
MANAGEMENT, INCLUSION &  
EMPOWERMENT, (MUMBAI)**

*Announcers*

PROFESSIONAL DEVELOPMENT  
WORKSHOP  
IN

**PLAY THERAPY**

**7. 'Seeds of Sadbhav'- Inter-Faith Dialogue:** We actively promote peace, harmony, and goodwill through the 'Seeds of Sadbhav' programme, conducted in collaboration with the College of Theological Studies and the Society of Pilar. It fosters inter-faith dialogue and annually involves our teacher trainees as both participants and resource persons, creating an atmosphere of Inter-Faith understanding and goodwill. It's a tangible demonstration of our commitment to fostering cultural pluralism.









**8. Information Sharing Through Technology:** The establishment of a WhatsApp group by our library since 2018 facilitates seamless sharing of resources, e-journals, magazines, newspapers,



and subject-specific materials. This initiative bolsters student learning, particularly during their internship. We embrace technology to enhance education accessibility and connectivity.

13:45

📶 🔋 87%



# Library 2022-24

Group · 99 participants



Group call



Add



Search

<https://chat.whatsapp.com/IKJ2Jy7wAviK707wmBQeCF>

(Kindly share the link of this group with your F.Y. B.Ed. classmates only)

Created by .Jude Syb.ed, 26/07/2022

Media, links, and docs

20 >



Mute notifications





13:45

Bluetooth, Wi-Fi, Cellular, and Battery icons with 87% battery level



# NIE SY LIBRARY

Group · 102 participants



Group call



Add



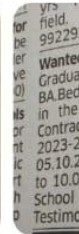
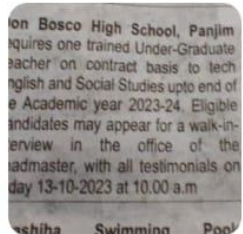
Search

[Add group description](#)

Created by +91 98608 23891, 16/09/2021

Media, links, and docs

253 >



Mute notifications



Custom notifications



Media visibility



**9. Atmashoda Counselling cell:** Through this unique initiative by Nirmala Institute of Education several school children from all over Goa have received timely help in scholastic areas, careers choices and emotional and mental well-being. The centre also caters to the counselling needs of the parents of all our students, free of cost.





# Nirmala Institute of Education Altinho - Panaji

## Career Counseling

*A Career is not just about earning an income. It is about pursuing the essence of your life – Terry Mante*



### Why Choose Us?

- ✓ 5 Dimensional Career Analysis
- ✓ Detailed Report
- ✓ 1 hr Counselling Session
- ✓ Includes College, Exam details, Motivational Session

**CHOOSE  
THE RIGHT  
CAREER  
FOR YOU**



To Book An Appointment



09819323652

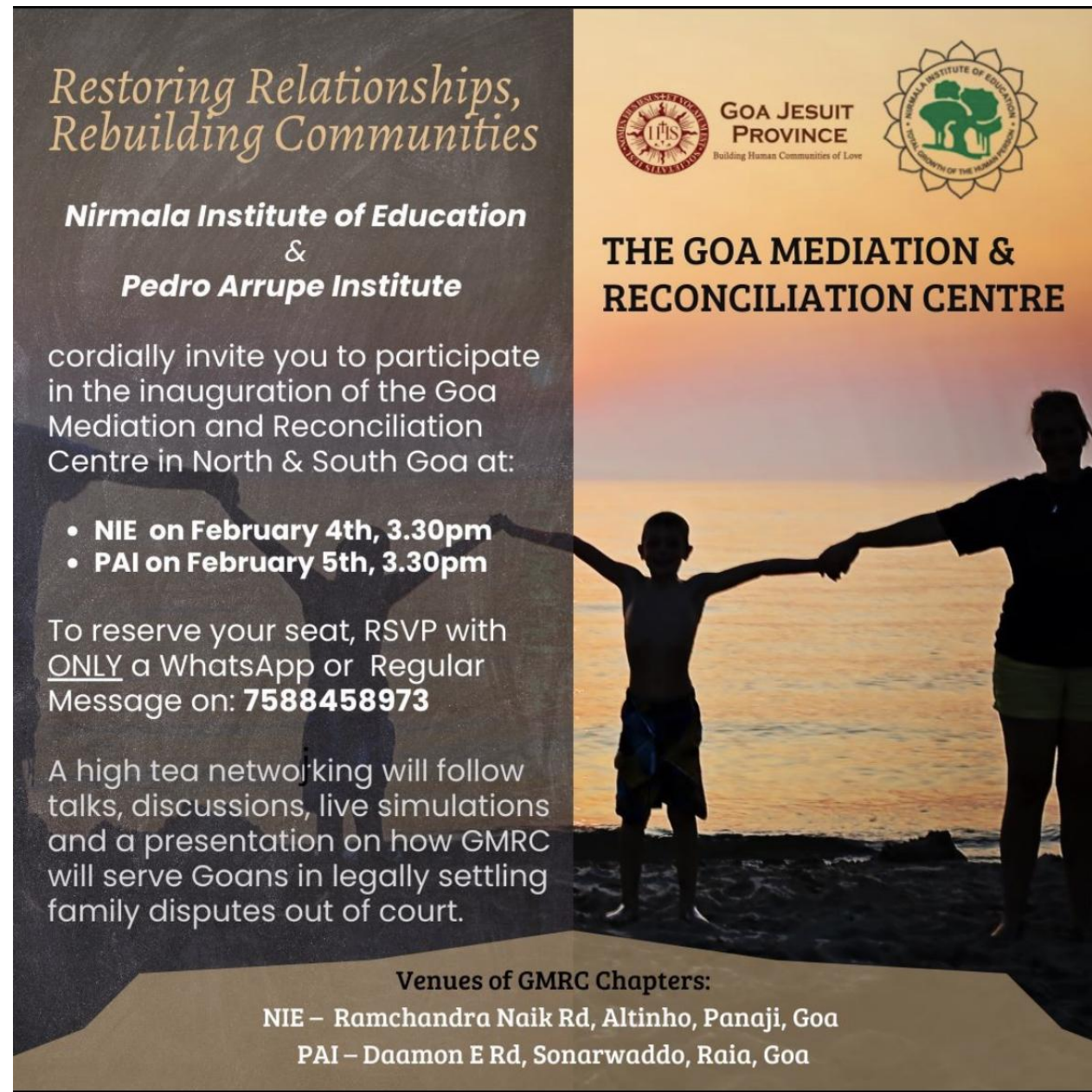
832-2225633



niegoa@gmail.com

**10. Mediation for Peace:** In partnership with the Society of Jesus, a religious society dedicated to education and societal betterment, our Mediation Centre seeks to resolve disputes peacefully

outside of the court. This initiative reflects our commitment to fostering peace within families and the broader society, emphasizing conflict resolution and harmony.



*Restoring Relationships,  
Rebuilding Communities*

**Nirmala Institute of Education  
&  
Pedro Arrupe Institute**

cordially invite you to participate  
in the inauguration of the Goa  
Mediation and Reconciliation  
Centre in North & South Goa at:

- **NIE on February 4th, 3.30pm**
- **PAI on February 5th, 3.30pm**

To reserve your seat, RSVP with  
ONLY a WhatsApp or Regular  
Message on: **7588458973**

A high tea networking will follow  
talks, discussions, live simulations  
and a presentation on how GMRC  
will serve Goans in legally settling  
family disputes out of court.

**GOA JESUIT  
PROVINCE**  
Building Human Communities of Love

**THE GOA MEDIATION &  
RECONCILIATION CENTRE**

**Venues of GMRC Chapters:**  
NIE – Ramchandra Naik Rd, Altinho, Panaji, Goa  
PAI – Daamon E Rd, Sonarwaddo, Raia, Goa