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Who can apply

Special Educators

Teachers

ECCE teachers

Psychologists

Counsellors

Parents

Anyone interested



**NIRMALA INSTITUTE OF
EDUCATION,
(GOA)**

&

**ADIRA: CENTER FOR DISABILITY
MANAGEMENT, INCLUSION &
EMPOWERMENT, (MUMBAI)**

Announcers

**PROFESSIONAL DEVELOPMENT
WORKSHOP
IN**

PLAY THERAPY

**28th October,
2023**

**Online
2pm - 6pm**

Fees : 600 /-

Click to Register !



Introduction

- Play therapy is a form of therapeutic intervention that utilises play and various creative activities as a means to help individuals, typically children, express their thoughts, feelings, and experiences.
- This approach is grounded in the belief that play is a natural and essential aspect of a child's development and can serve as a powerful tool for communication and healing

"Play therapy helps children heal, grow, and develop the emotional skills they need to thrive."

Ms Benaifer Sharma

- Play Therapist
- International Soft skills Trainer and Life Coach,
- HR Professional, Sports Management Practitioner
- Organisational psychologist and counsellor



"Play therapy is the key to unlocking the inner world of a child."

- Virginia Axline

Objectives

- Communication
- self-expression
- Self-Exploration
- Problem Solving
- Building Relationships
- Emotional Regulation
- Behavioral Change
- Enhancing Self-Esteem